



### Thames Continuing Professional Development (CPD) Record

The purpose of a Continuing Professional Development Record is to record the development activities that you have completed and the associated points. It is a requirement of the Thames CPD Scheme to achieve a total of 150 points from the 3 areas of Mandatory Courses; Accredited Training; and Skills & Experience within the five years after renewal of your LKE.

Salutation		CPD Points Required	150
First Name & Surname		Telephone number	
Company		Email	
Position Held (Master; Unsupervised Watchkeeper; Supervised Watchkeeper; Deckhand; or other Role)		Total CPD Points Achieved in current 5-year CPD Period	
Date of LKE Renewal		Start Date of 5-year CPD Period	

#### Mandatory Courses (30 points)

Date of CPD Activity	CPD Activity Undertaken	CPD Points Achieved
	MCA STCW Elementary First Aid	
	MCA STCW Fire Prevention and Fire Fighting (or equivalent standard)	
	MCA STCW Personal Survival Techniques	

**Accredited Training (Minimum of 50 points)**

Date of CPD Activity	CPD Activity Undertaken	CPD Points Achieved

*Add additional boxes as required*

**Skills & Experience (Minimum of 50 points)**

Date of CPD Activity	CPD Activity Undertaken	CPD Points Achieved
	Experience (5 points per year to a maximum of 20 points)	

*Add additional boxes as required*

**Data Protection Act 1988:** The above information will be used the TSA with regard to administration of the Thames CPD Programme. The data will not be shared with any third party for marketing or commercial purposes without first obtaining your explicit consent.

<i>Signature:</i>	<i>Date:</i>
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If you have any questions about Thames CPD, please email [CPD@ThamesCPD.co.uk](mailto:CPD@ThamesCPD.co.uk) or call 01322 917 553.